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**FIRST LTTA AT AGRUPAMENTO DE ESCOLAS DE MOURE E RIBEIRA DO NEIVA**

**15th – 19th January 2018**

**Present:** Maria Urys, Maria Jose Fernandez Duran, Milica Timchevska, Selma Uzun, Gitana Stulpiniene, Anna Filomena Mungiello, Ionel Badica, Isabel Barbosa

\*Welcome meeting at the school with the school principal and the teaching staff involved in the project and the partner teachers and students.

\*Tour around the school

\*Good practices presentations of partner countries on the BE WELL topic

\*Visit to the municipality hall in Villa Verde (meeting with the municipality education counsellor)

\*Visiting the House of Knowledge (presentation of the ICT tools)

\*Workshops with the school psychologist on social and communication skills

\*Visiting the Nautical Club (Clube Nautico de Prado)

\*Physical activities with the club trainer

\*CLIL lesson on body language with the English teacher (emphasis on the importance of mental health; active participation of students divided in international groups)

\*Activities related to the Tolerance Day in the school library

\*Open-air teambuilding integration activities

\*Stress-relieving activities (origami, creative art workshop and gardening)

\*Visiting Casa do Povo de Ribeira do Neiva (a center related to wellbeing of elderly people and children)

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\*Visiting Ribeira do Neiva School

- Team-building activities

- Preparing presentations on students' experiences during the LTTA in Portugal

\*Cultural activities – sightseeing Porto

\*Presentation of BE WELL activities done during the first LTTA by students

\*European games

\*Coordinator meeting (dates for the meeting in Turkey determined to be from 14<sup>th</sup> – 16/17<sup>th</sup> May; an online evaluation form to be completed by both students and teachers by the end of the month; participants encouraged to be more active on the eTwinning journal; an evaluation sheet on the BE WELL activities to be prepared by the Spanish team and be completed by the partner countries by the end of the second week in February; project website to be updated with the information on the first LTTA meeting in Portugal; eco activities to be posted on the project Facebook group by all partner countries by the end of February)

\*Cultural activities in Braga

\*Certificate awarding ceremony

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